

Fall 2023

PSY-210 (005): Introduction to Psychology

Kelley Mongelli

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Introduction to Psychology
Fall 2023 – PSY 210:005
Tuesdays 4:00pm-5:20pm in CKB 223
Thursdays 4:00pm – 5:20pm in CKB 223
Course delivery mode: Face-to-Face

Instructor: Kelly Mongelli

E-mail: Kelly.a.mongelli@njit.edu

Office Hours: By appointment in person or virtual

Course Prerequisites/Co-requisites:

This course does not have any prerequisites or co-requisites.

Course Description:

PSY 210 is an introduction to the study of behavior and mental processes. Course content focuses on foundational and major psychological theories, concepts, methods, and research findings within the field. Topics include the history of psychology, psychology as a science, the biological bases of behavior, perception, cognition and consciousness, learning, memory, lifespan development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology.

Course Outcomes:

Students who successfully complete this course will be able to:

- Demonstrate familiarity with the history of psychology, major psychological concepts, and key theoretical perspectives
- Exhibit an understanding of psychology as a science and identify scientific methods used to study behavior and mental processes
- Distinguish between and discuss major domains in psychology
- Apply psychological principles to everyday life
- Proficiently find, read, and summarize a peer reviewed psychology publication

Course Materials:

Textbook- *Psychology 2e* from OpenStax, ISBN 978-1-975076-45-0

This is a FREE textbook that can be accessed online. The chapters we will be using from this text are uploaded to Canvas. If you would like to access the textbook in a web browser, you can do so at the following link: <https://openstax.org/details/books/psychology-2e>.

Course Requirements:

- 1. Podcast Assignments (10pts. each):** Each week you will be given a Podcast to listen to in its entirety and write a reflection on. Reflections should be posted on Canvas and are due prior to the start of class each Tuesday. Credit will not be given to any reflection that is turned in late. These reflections should be written in bullet point format, and 4 substantial bullet points are needed per reflection to earn a full 10 points. **Each bullet point should include both information from the Podcast and a personal experience related to the concept you discuss.** You can talk about your own personal experiences, experiences of friends or family members that have been shared with you, something you saw on a TV show, Netflix show, YouTube video, something you read in a

story, or something you learned from another class in each bullet point. **The number 1 mistake students make is not elaborating enough on their thought processes. Don't be afraid to elaborate on each point. The more detail, the better!** As long as you have enough substantial bullet points, it's okay to include lighter bullet points.

2. Attendance & In-Class Activities: Attendance and in-class activities will make up 20% of your course grade. To receive credit, you must be in class on time, stay for the entire class period, and contribute to in-class activities and discussions. You are allowed two unexcused absences throughout the semester. Absences **will only count as excused** if provided with appropriate documentation (e.g. a doctor's note, police report, student athlete schedule, etc.). There will be no make-up work for in-class activities you miss due to absences.

Please note that web surfing, texting, side- conversations, coming in late, leaving the class, and similar activities prevent students from being fully present, distracts the Professor and other students, and interferes with the learning process. **Infractions may be recorded as an absence per episode. Additionally, two latenesses will equivocate to 1 unexcused absence.**

Cellular phones & Smart Watches must be turned off during class hours, or if you are expecting an emergency call, put it on vibrate. No headphones can be worn in class. Also, the class will begin on time. Calendar integrity is critical for attendance and for all assignments.

3. Exams: There is no cumulative final for this course. There will be three in-class exams each covering the same amount of material and weighted equally. Exams will reflect the content focused on in class and will be closed-book/closed-notes. All exams will be proctored. Note: Make-up exams are allowed only if provided with appropriate documentation (e.g., a doctor's note, a police report, etc.) at least one-week prior to the scheduled exam date, except in case of an unforeseeable emergency. Make-up exam will not be given if these criteria are not satisfied.

4. Final Paper: Choose 1 of the following:

- Do a literature review diving deeper into one of the topics that we've read about and discussed in class. A literature review involves finding a variety of sources on a particular subject, then summarizing and reporting on what these sources have to say about the topic.
- Choose a famous psychological experiment and summarize the experiment and evaluate the implications of the study. Possible experiments that you might consider include:
 - [The Milgram Obedience Experiment](#)
 - [The Stanford Prison Experiment](#)
 - [The Little Albert Experiment](#)
 - [Pavlov's Conditioning Experiments](#)
 - [The Asch Conformity Experiment](#)

- o [Harlow's Rhesus Monkey Experiments](#)

Course Grading:

Assessment Type	Percentage
Podcast Reflections	30%
Attendance & In-Class Activities	20%
Exams	30%
Final Paper	20%
TOTAL:	100%

Letter Grades will be determined using the following scale:

Percentage	Letter Grade
90% and above	A
85-89%	B+
80-84%	B
75-79%	C+
66-74%	C
55-65%	D
Below 55%	F

Course and University Policies:

University Policy on Academic Integrity and Class Behavior:

Please read the University's Academic University Policy on Academic Integrity. Violations of NJIT's Academic University Policy on Academic Integrity will lead to disciplinary consequences.

NJIT has a zero-tolerance policy regarding cheating of any kind and student behavior that is disruptive to a learning environment. Any incidents will be immediately reported to the Dean of Students. In the cases where the University Policy on Academic Integrity violations are detected, the punishments range from a minimum of failure in the course plus disciplinary probation up to expulsion from NJIT with notations on students' permanent record. Avoid situations where honorable behavior could be misinterpreted. For more information on the University Policy on Academic Integrity, go to <https://www.njit.edu/dos/academic-integrity>

Title IX Statement:

Under federal law, "no person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal financial assistance." Given the sensitivity of the topics covered in this class, it is important for you to know the professor is responsible for notifying University Personnel of incidents of gender-based misconduct that are shared in private or during class discussions. The reason for this is to keep all students safe and connected to the resources & reporting options that are available. Hypothetical scenarios that are discussed do not require any action. For more information please visit: www.njit.edu/titleix

Statement on Inclusion and Diversity:

Students in this course are encouraged to participate freely and share personal opinions, perspectives, and stories. It is expected that there will be diverse and perhaps contradictory ideas shared; this variety is a strength of the academic community. Students are asked to show respect and treat peers in a way that validates various experiences and opinions based on a range of identities including ability, economic class, ethnicity, faith tradition or no faith, gender identity and expression, nationality, religion, sexual orientation, veteran status, and their intersections. Acts of bias, harassment, abuse, discrimination, relationship violence, sexual violence (i.e. sexual assault, sexual harassment, etc.), gender harassment, and stalking are not tolerated at NJIT. If you or someone you care about has experienced any one of these crimes and/or violations of NJIT Community Standards, please know that you have rights, reporting options, and other support services available to you.

Office of Accessibility Resources and Support (OARS):

OARS offers long term and temporary accommodations for undergraduate, graduate and visiting students at NJIT. If you need accommodations due to a disability please contact Marsha Williams-Nicholas, Associate Director of Office of Accessibility Resources and Support at 973-596-5417 or via email at OARS@njit.edu. The office is in Kupfrian Hall 201. For further information regarding self-identification, the submission of medical documentation and additional support services provided please visit the OARS website at: <http://www.njit.edu/studentsuccess/accessibility/>

Food and Housing Needs:

The NJIT Food Pantry opened on January 25, 2019. For more information, please email foodpantry@njit.edu. "Any student who faces challenges securing food or housing and believes this may affect their performance in the course is urged to contact the [Dean of Students](#) for support. Furthermore, please notify the professor if you are comfortable doing so. This will enable her to provide any resources she may possess" -Dean of Students.

The Writing Center

The Writing Center (G17 Central King Building) is available for 45-minute individual and group appointments with professional writing tutors both onsite and online. This resource is intended to help you improve your communication and writing skills. Tutors can help with planning assignments, improving your writing, refining an essay or multimedia project, or other communication-based needs. To make an appointment, please visit <https://njit.mywconline.com>

Class Schedule

Time	Tuesday	Thursday	Assignments Due
Week 1 (Sept 5 & 7)	1. Course Orientation, Syllabus Review 2. Chapter 1: Introduction to Psychology	1. Chapter 1 – Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none">● Read Syllabus● Read Chapter 1● Listen to Assigned Podcast
Week 2 (Sept 12 & 14)	1. Chapter 2: Psychological Research	1. Chapter 2 – Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none">● Read Chapter 2● Complete Podcast Reflection #1 by 3pm on Tuesday.
Week 3 (Sept 19 & 21)	1. Chapter 3: Biopsychology	1. Chapter 3: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none">● Read Chapter 3● Complete Podcast Reflection #2 by 3pm on Tuesday.
Week 4 (Sept 26 & 28)	1. Chapter 4: States of Consciousness 2. Exam #1	1. Chapter 4: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none">● Read Chapter 4● Complete Podcast Reflection #3 by 3pm on Tuesday.
Week 5 (Oct 3 & 5)	1. Chapter 5: Sensation and Perception	<u>1.</u> Chapter 5: Critical Thinking Activity <u>2.</u> Topic Activity	<ul style="list-style-type: none">● Read Chapter 5● Complete Podcast Reflection #4 by 3pm on Tuesday.
Week 6 (Oct 10 & 12)	1. Chapter 6: Learning	1. Chapter 6: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none">● Read Chapter 6● Complete Podcast Reflection #5 by 3pm on Tuesday.
Week 7 (Oct 17 & 19)	1. Chapter 7: Thinking and Intelligence	1. Chapter 7: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none">● Read Chapter 7● Complete Podcast Reflection #6 by 3pm on Tuesday.

Week 8 (Oct 24 & 26)	1. Chapter 8: Memory 2. Exam #2	1. Chapter 8: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none"> • Read Chapter 8 • Complete Podcast Reflection #7 by 3pm on Tuesday.
Week 9 (Oct 31 & Nov 2)	1. Chapter 9: Lifespan Development	1. Chapter 9: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none"> • Read Chapter 9 • Complete Podcast Reflection #8 by 3pm on Tuesday.
Week 10 (Nov 7 & 9)	1. Chapter 10: Emotion and Motivation	Chapter 10: Critical Thinking Reflection posted to Canvas	<ul style="list-style-type: none"> • Read Chapter 10 • Complete Podcast Reflection #9 by 3pm on Tuesday.
Week 11 (Nov 14 & 16)	1. Chapter 11: Personality	1. Chapter 11: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none"> • Read Chapter 11 • Complete Podcast Reflection #10 by 3pm on Tuesday.
Week 12 (Nov 21)	1. Chapter 12: Social Psychology	No Class THANKSGIVING	<ul style="list-style-type: none"> • Read Chapter 12 • Complete Podcast Reflection #11 by 3pm on Tuesday.
Week 13 (Nov 28 & 30)	1. Chapter 14: Stress, Lifestyle, and Health 2. Exam #3	1. Chapter 14: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none"> • Read Chapter 15 • Complete Podcast Reflection #12 by 3pm on Tuesday.
Week 14 (Dec 5 & 7)	1. Chapter 15: Psychological Disorders	1. Chapter 15: Critical Thinking Activity 2. Topic Activity	<ul style="list-style-type: none"> • Read Chapter 16
Week 15 (Dec 12)	1. Chapter 16: Therapy and Treatment	<u>Reading Day- No Class</u>	