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NJIT Highlanders Swimming & Diving 2004 Media Guide

New Jersey Institute of Technology Athletic Department

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2004-05 SCHEDULES

Day	Date	Opponent(s)	Time
Sat.	Nov. 6	MONTCLAIR STATE (M/W) MARYMOUNT (NY) (W)	1 p.m.
Mon.	Nov. 8	at Staten Island (M/W)	6 p.m.
Sun.	Nov. 13	at Bridgeport (W)	3 p.m.
Sun.	Nov. 21	MANHATTAN/HUNTER (W)	1 p.m.
Sat.	Dec. 4	at William Paterson w/Arcadia (M/W)	1 p.m.
Sun.	Dec. 5	PACE (M/W)	1 p.m.
Sat.	Dec. 11	at Mount St. Mary (NY) (M/W)	noon
Sat.	Jan. 22	at Adelphi	1 p.m.
Fri.	Feb. 4	QUEENS (NY)/VASSAR (M/W)	6 p.m.
Sat.	Feb. 12	Sprint Tournament at Vassar (M)	1 p.m.
Fri.-Sun.	Feb. 18-20	Metropolitan Championship at Rutgers	

MEN'S ROSTER

Name	Yr.	Event	Hometown	High School
Ben Angeli	So.	fly/free	Stratford, NJ	Sterling
Pantelis Athanassiou	Jr.	breast	Nicosia, Cyprus	Grammar
Rajendra Bahadur	Fr.	distance	Parsippany, NJ	Parsippany
Anthony Cangialosi	Fr.	fly	Wayne, NJ	Wayne Valley
Michael Finley	Fr.	back/breast	Hazlet, NJ	High Technology
Rob Franc	So.	breast/free	King of Prussia, PA	Upper Merion
Donald Kovacs	So.	free	Jersey City, NJ	St. Peter's Prep
Edmund Lui	Jr.	breast/fly	Voorhees, NJ	South Brunswick
Casey Mahon	Fr.	free/fly	Teaneck, NJ	Teaneck
Marc Massa	Fr.	back/free	Mountainside, NJ	Governor Livingston
Alfio Racite	Fr.	free	Woodbury, NJ	West Deptford
Donald Sidun*	Sr.	back/free	Scotch Plains, NJ	Wardlaw-Hartridge
Marc Ubaldi	So.	breast/IM	Brielle, NJ	Manasquan
Ryan Walton*	Sr.	free/fly	Holtwood, PA	Manheim Township

* captains

MODERN MEN'S SCHOOL RECORDS*

Event	Time	Athlete	Date
50-Freestyle	23:03	Donald Sidun	11/22/03
50-Backstroke	30:08	Donald Sidun	11/1/02
50-Butterfly	28:66	Ryan Walton	11/8/02
50-Breaststroke	30:97	Pantelis Athanassiou	2/22/03
100-Freestyle	51:14	Glen Billand	2/20/99
100-Backstroke	1:02.66	Donald Sidun	2/21/04
100-Butterfly	59:87	Ryan Walton	2/22/03
100-Breaststroke	1:04.96	Miguel Martin	2/21/98
100-Individual Medley	1:10.44	Ben Angeli	11/1/02
200-Individual Medley	2:09.34	Marc Ubaldi	11/7/03
200-Freestyle	1:57.92	Ryan Walton	2/22/03
200-Backstroke	2:23.82	Donald Sidun	2/22/03
200-Breaststroke	2:33.01	Pantelis Athanassiou	2/22/04
200-Freestyle Relay	1:35.77	Walton, Sidun, Ubaldi, Franc	2/20/04
200-Medley Relay	1:49.14	Ubaldi, Franc, Walton, Sidun	11/1/03
400-Freestyle Relay	3:32.13	Sidun, Walton, Ubaldi, Copeland	2/22/04
400-Medley Relay	4:01.28	Sidun, Walton, Franc, Ubaldi	2/21/04
500-Freestyle	5:17.74	Ryan Walton	2/21/03
800-Freestyle Relay	8:37.97	Angeli, Walton, Copeland, Athanassiou	2/22/03
1000-Freestyle	11:05.82	Ryan Walton	2/22/03
1650-Freestyle	18:38.15	Ryan Walton	2/21/04

* since 1997-98

TOP MEN'S PERFORMERS

ROB FRANC

Sophomore • Breast/Free • 6-0 • 180
King of Prussia, PA/Upper Merion HS

Robert A. Franc... sprinter has made biggest impact in relays. **2003-04:** Helped set three school records in relays... scored 46.5 points in six meets with 10 victories. **Prior to NJIT:** Swam for coach Jeff Bugerhayer at Upper Merion... also played water polo... was a member of the King of Prussia Marlins club team under coach Nancy Trainer. **Personal:** Son of Michelle Franc... majoring in information technology... born 7/5/85 in Bethesda, Md.



EDMUND LUI

Junior • Breast/Fly • 5-7 • 165
Voorhees, NJ/South Brunswick HS

Edmund E. Lui... first year college swimmer is team's most promising newcomer. **Prior to NJIT:** Two-time county champion (100-breast, 100-fly) for coach John Harding at South Brunswick... finished 10th in state in 100-yard breaststroke as a senior... also participated in track... swam at the club level for Princeton X-Cel. **Personal:** Son of Jin Lui... electrical engineering major... born 4/18/83 in Bryn Mawr, Pa.



DONALD SIDUN

Senior • Back/Free • 5-10 • 160
Scotch Plains, NJ/The Wardlaw-Hartridge School

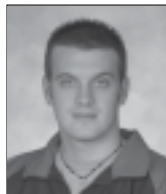
Donald L. Sidun... third-year co-captain holds or shares eight school records, including all three individual backstroke marks. **2003-04:** Set modern school record in 50-yard freestyle and broke own 100-backstroke standard... part of four record-setting relay teams... third on team in points (104) and wins (15). **2002-03:** NJIT's second-leading point scorer... tied for team lead in top-three finishes... set school 50- and 200-back records. **2001-02:** Named team MVP as a freshman... set Highlander record for 200-back at Metropolitan Championships... led team in top threes. **Prior to NJIT:** Two-time all-county for coach Tom Merical at Wardlaw-Hartridge... also played soccer. **Personal:** Son of Bill and Pat Sidun... majoring in mechanical engineering... born 9/26/83.



RYAN WALTON

Senior • Free/Fly • 6-2 • 200
Holtwood, PA/Manheim Twp. HS

Ryan Townsend Walton... third-year co-captain holds or shares 11 school records... he and Sidun are team's only seniors. **2003-04:** Team MVP... won 22 of 24 regular-season races... led Highlanders in points with 130.75... helped set school records on four relay teams. **2002-03:** Team MVP... won first nine events of season... won 23 events and led team with 190.5 points... established nine school records at Metropolitan Championships 2/21-2/23. **2001-02:** Led team in events won (8) and points (80.75)... set two school records (500- and 100-yard freestyles). **Prior to NJIT:** Swam for coach Dan Graybill at Manheim Township... coach's cup winner for coach Peter Clark in the Trident Aquatic Club. **Personal:** Son of Barry and Karen Walton... majoring in information technology... born 3/30/83 in Lancaster, Pa.



2003-04 RESULTS

MEN (6-2)

Date	Opponent	Score
11/1	STEVENS	W 106-63
11/7	STATEN ISLAND	W 95-80
11/22	ADELPHI	W 89-63
12/13	at Wm. Paterson	L 73-103
1/16	at Queens (NY)	W 54-17
2/9	at Baruch	W 55-30
	vs. Montclair State	L 37-51
2/14	MT. ST. MARY (NY)	W 78-41
2/20-22	Metropolitan Champs.	15th/18

WOMEN (3-11-1)

Date	Opponent	Score
11/1	STEVENS	L 19-68
	MARYMOUNT (NY)	L 34-50
11/7	STATEN ISLAND	L 74-109
11/8	at St. Joseph's (NY)	W 113-97
11/15	MANHATTAN	L 45-49
	HUNTER	L 43-52
11/21	at St. Elizabeth	W 75-46
11/22	ADELPHI	L 76-115
12/13	at Wm. Paterson	L 81-102
1/16	at Queens (NY)	L 67-113
1/21	ST. ELIZABETH	W 79-62
1/25	at C.W. Post	L 14-77
	vs. Manhattan	L 16-77
2/6	at Montclair State	L 69-85
2/14	MT. ST. MARY (NY)	T 95-95
2/20-22	Metropolitan Champs.	13th/16

WOMEN'S ROSTER

Name	Yr.	Event	Hometown	High School
Linda Flores	Sr.	free/fly	Jersey City, NJ	McNair Academic
Lara Garnant	Sr.	free/breast	Middletown, NJ	High Technology
Jennifer Herrera	Sr.	free	Staten Island, NY	St. John Villa Academy
Lauren Jelinek*	Sr.	fly/free	Sparta, NJ	Pope John XXIII
Ruihan Kang	Fr.	breast/free	Edison, NJ	J.P. Stevens
Ana Ossa*	Jr.	breast/IM	Bogotá, Colombia	Esclavas
Mindy Pence	Fr.	back/fly	Browns Mills, NJ	Pemberton Twp.
Christina Recine	So.	free/back	Edison, NJ	Edison
Donelle Small	Sr.	back/free	Richmond, VA	Brooklyn (NY) Tech
Lauren Thompson	Fr.	free/back	Staten Island, NY	Tottenville
LeighAnn Zangara	So.	free/back	Whitehouse Station, NJ	Hunterdon Cen.

* captains

WOMEN'S SCHOOL RECORDS

Event	Time	Athlete	Date
50-Freestyle	25:62	Stephanie Dubyna	11/10/00
50-Backstroke	32:57	Ana Ossa	2/22/04
50-Butterfly	29:49	Ana Ossa	2/20/04
50-Breaststroke	34:06	Ana Ossa	2/20/04
100-Freestyle	57:58	Ana Ossa	11/22/03
100-Backstroke	1:07.44	Ana Ossa	1/25/04
100-Butterfly	1:06.40	Ana Ossa	2/14/04
100-Breaststroke	1:12.87	Ans Ossa	12/13/03
100-Individual Medley	1:14.91	Lisa Reeber	11/8/02
200-Freestyle	2:07.22	Ana Ossa	1/25/04
200-Backstroke	2:22.07	Ana Ossa	2/22/04
200-Butterfly	2:47.49	Lisa Reeber	2/24/02
200-Breaststroke	2:55.56	Stephanie Dubyna	2/24/02
200-Individual Medley	2:20.90	Ana Ossa	2/20/04
200-Freestyle Relay	1:55.71	Recine, Jelinek, Small, Ossa	2/20/04
200-Medley Relay	2:10.47	Herrera, Ossa, Jelinek, Recine	2/21/04
400-Individual Medley	5:31.51	Lisa Reeber	2/19/00
400-Freestyle Relay	4:17.50	Dubyna, Reeber, Allnatt, Jelinek	2/24/02
400-Medley Relay	4:58.52	Garnant, Reeber, Jelinek, Dubyna	2/21/03
500-Freestyle	5:42.76	Ana Ossa	12/13/03
800-Free Relay	9:48.53	Ribelin, Allnatt, Reeber, Jelinek	2/23/02
1000-Freestyle	11:57.87	Ana Ossa	1/16/04

TOP WOMEN'S PERFORMERS

LARA GARNANT

Senior • Free/Breast • 5-2
Middletown, NJ/High Technology HS

Lara Nadine Garnant... three-year letterwinner has been steady contributor. **2003-04:** Appeared in every meet... sixth on team with 84 points... won eight events. **2002-03:** Swam opening leg for school record-setting 400-yard medley relay team... fifth on team in points with 21 top three finishes. **2001-02:** Won six races with 21 top threes. **Prior to NJIT:** Swam for High Technology High and for the Middletown Swim & Tennis Club. **Personal:** Only child of C.M. and Phyllis Garnant... architecture major with 3.76 GPA... student in NJIT's Albert Dorman Honors College and chair of its Community Service Committee... member of Student-Athlete Advisory Committee, Architecture Student Union, Environmental Awareness Group and Habitat for Humanity... born 5/5/83 in Long Branch, N.J.



LAUREN JELINEK

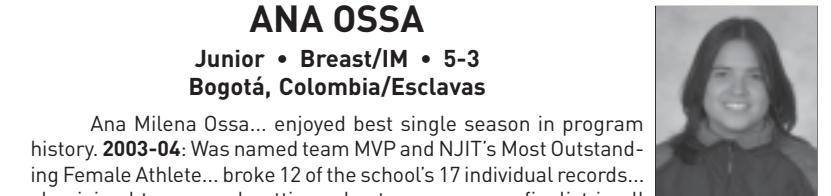
Senior • Fly/Free • 5-5
Sparta, NJ/Pope John XXIII HS



Lauren Holden Jelinek... second-year team captain... shares five school records in relays. **2003-04:** Second on team in scoring (132)... tied for second with 11 victories... was awarded the school's Female Athletics Student Leadership Award following the season. **2002-03:** Won 12 events and had 23 top-three finishes... led all returnees with 102.5 points. **2001-02:** Swam second leg for school-record-setting 200-yard freestyle relay team at Metropolitan championships... was third on the team with 162 points scored. **Prior to NJIT:** Swam for coach Ed Wynn at Pope John XXIII... also participated in track. **Personal:** Daughter of Henry and Beth Jelinek... has a grandfather and uncle who attended NJIT... chemical engineering major... born 1/8/83 in Englewood, N.J.

ANA OSSA

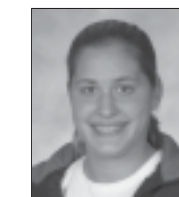
Junior • Breast/IM • 5-3
Bogotá, Colombia/Esclavas



Ana Milena Ossa... enjoyed best single season in program history. **2003-04:** Was named team MVP and NJIT's Most Outstanding Female Athlete... broke 12 of the school's 17 individual records... also joined two record-setting relay teams... was a finalist in all three events she entered at the Metropolitan Conference championships... won 29 events and scored 204 points in the regular season... appeared in five games for the NJIT soccer team in the fall. **Prior to NJIT:** Won a Colombian national championship in that country's National Games... swam for coach Alexander Kilokov at Esclavas, where she also played volleyball... swam one season at Pontificia Universidad Javeriana in Colombia. **Personal:** Daughter of Camilo Ossa and Dora Suárez... majoring in electrical engineering with 3.9 GPA... born 5/29/83 in Medellin, Colombia.

MINDY PENCE

Freshman • Back/Fly • 5-11
Browns Mills, NJ/Pemberton Township HS



Mindy Lynn Pence... newcomer is expected to be immediate contributor. **Prior to NJIT:** Coaches Award and Hornet Award winner for coach Ginnie Greif at Pemberton Township... also a three-year letterwinner in field hockey... member of the Burlington County Aqua Barons club team. **Personal:** Daughter of Alan and Diane Pence... architecture major... born 8/14/86 in Rancocas, N.J.



MARY KATE ROMANO

Head Coach

Mary Kate Romano is in her second year as the head coach of both NJIT swimming programs. She succeeded her father, Tom.

Romano is the director of undergraduate programs for NJIT's School of Management. As a graduate student in 2002-03, she was a member of the the Highlanders' soccer and swimming teams. She also swam one season as an undergraduate for The College of New Jersey.

Following her graduation from TCNJ, Romano served two years with the United States Peace Corps in El Salvador. She earned her master's of business administration from NJIT in May 2004 and is pursuing a PhD in global affairs from Rutgers University. She lives in Newark.

MEAGHAN KILGALLEN

Assistant Coach



Meaghan Kilgallen joined the NJIT swim staff last season directly off of a four-year career at Montclair State University. She has also served four years as a coach with the Hasbrouck Heights Swim Club, including two as head coach.

A 1999 graduate of Immaculate Heart Academy, Kilgallen received her bachelor of arts degree in elementary education from Montclair State in December 2003. She is a third-grade teacher at Radburn Elementary School in Fair Lawn, and resides in Ridgewood.



PATRICK MCGURRIN

Assistant Coach

Patrick McGurrin is the newcomer to the coaching staff for 2004-05. He spent the last four years as a varsity swimmer at Montclair State University, where he was a captain as a senior.

McGurrin, who attended Sparta High, received a bachelor's degree in justice studies from MSU in 2004. He coached at the club level for one year with the Lake Tamarack Torpedoes, and is a certified lifeguard.

ATHLETICS FACILITIES

The NJIT men's and women's swim teams compete and practice in **Fleisher Pool**. The six-lane facility on the first floor of the **Estelle and Zoom Fleisher Athletic Center** is also staffed by certified lifeguards for recreational swimming.

Additionally, the teams have access to all of the other facilities in the athletic center. These include the fitness area (containing computer-controlled biking equipment, Cybex resistance units and an indoor track), two weight rooms (free-weight and hammer-strength), four racquetball courts, a martial arts center, and four lighted outdoor hardcourt tennis courts.

The Highlanders' men's and women's basketball and volleyball teams play their home events in the main gymnasium of the athletic center. The facility can entertain crowds of up to 1,500, and is also open to the campus community during selected hours for recreation.

Lubetkin Field, home to the men's and women's soccer teams, recently underwent a \$1.2 million renovation project, including the installation of SprinTurf artificial grass and a running track. It contains a midfield scoreboard and pressbox facilities, and its bleacher seating can hold approximately 1,000 spectators.

NJIT is in the midst of a three-year agreement with the independent Newark Bears Professional Baseball Club to play its home baseball games at **Bears & Eagles Riverfront Stadium** in downtown Newark.

NJIT SWIMMING FACTS

Location	Newark, NJ 07102
Founded	1881 as Newark Technical School
Undergraduate Enrollment	5,800
Nickname	Highlanders
Colors	Scarlet and White with Navy
President	Dr. Robert A. Altenkirch
Director of Athletics	Lenny Kaplan
Athletics Department Phone	(973) 596-3636
Athletics Department /Swimming FAX	(973) 596-8295
Athletics Department URL	http://www.njit.edu/athletics
Head Coach	Mary Kate Romano (College of New Jersey '99)
Career Record	Men: 6-2 (1); Women: 3-11-1 (1)
Phone	(973) 596-8238
E-Mail	mkr5@njit.edu
Assistant Coaches	Meaghan Kilgallen, Patrick McGurrin
Men's Captains	Donald Sidun, Ryan Walton
Women's Captain	Lauren Jelinek, Ana Ossa
First Year of Men's Program	1967-68
First Year of Women's Program	1995-96
Home Arena	Fleisher Pool
Pool Office Phone	(973) 596-5229
Affiliation	NCAA II
Conference	Metropolitan Swim Conference
2003-04 Men's Record	6-2
2003-04 Women's Record	3-11-1
Coordinator of Sports Information Services	Mark Mentone (973) 596-8324
Sports Information FAX	(973) 596-8440
E-Mail	mentone@adm.njit.edu
NJIT Results Hotline	(973) 596-5555

UNIVERSITY INFORMATION



MIKE PETERS

New Jersey Institute of Technology, the state's public technological research university, enrolls more than 8,200 students in bachelor's, master's and doctoral degrees in 100 degree programs offered by six colleges: Newark College of Engineering, New Jersey School of Architecture, College of Science and Liberal Arts, School of Management, Albert Dorman Honors College, and College of Computing Sciences. NJIT is renowned for expertise in architecture, applied mathematics, wireless communications and networking, solar physics, advanced engineered particulate materials, nanotechnology, neural engineering and eLearning.

NJIT's history spans from the Industrial Revolution to the Information Age. Newark was a factory town when the tuition-free evening school was founded in 1881 to support local industries. From the early days, science and techology have been the engines fueling the university's development.

Over time, the university both anticipated and responded to change by expanding its curriculum and mission. Most notably, in 1919, the university established baccalaureate programs in three engineering fields. By 1975, NJIT offered a broad range of undergraduate and graduate degrees. All programs included significant research and public service components with the goal of providing an academic environment that fostered intellectual depth and breadth, as well as social responsibility.

Today, continuing a fourfold mission of instruction, research, economic development and public service, NJIT is among the leading comprehensive technological universities in the nation, with state-of-the-art facilities on its 45-acre campus in Newark and a solar observatory in Big Bear, California.



CHRISTINA CROVETTO
The clock tower and carillon sit in a European-style plaza adjacent to the newly-renovated Campus Center.



Sophomore
Marc Ubaldi



Junior
Ana Ossa



2004-05 swimming